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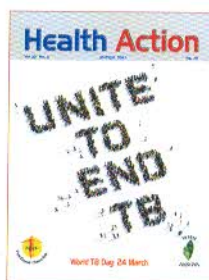
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"An ounce of prevention is worth a pound of cure."

Benjamin Franklin